

Cheat Lake Elementary
Kaitlin Fetty NBCC, Provisional LPC
School Counselor
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304-594-2772

Informed Consent

The following statement shares information regarding the services provided at Cheat Lake Elementary in the School Counseling Department. My name is Kaitlin Fetty, and I am currently a professional school counselor in grades PK-2. This will be my sixth year working under the Monongalia County Board of Education as the school counselor at Cheat Lake Elementary. I am currently receiving supervision at WM Counseling under Esther Ervin, LPC, to obtain my license as a professional Counselor. LPC stands for Licensed Professional Counselor. I will be having supervision weekly for approximately the next 15 months. Supervision is a process that provides high quality consultation between a licensed professional counselor and a provisional licensed counselor to enhance skills and deepen knowledge.

Additional Information

This paperwork will answer most of your questions about the counseling services provided at Cheat Lake Elementary. Please feel free to ask for clarification or additional information by phone, email, or appointment.

School counseling provides all students in the building the opportunity to utilize a professional school counselor to help with social-emotional growth, academic needs, and career development. The professional school counselor uses creative techniques driven by theory to help students become more emotionally and socially well-rounded by practicing healthy lifestyles and implementing positive coping skills.

Further information can be located at

<https://wvde.state.wv.us/healthyschools/section1/documents/Articlesandsupportingdocuments.pdf> on the American School Counseling Association Website.

WM Counseling and Contact Information

Esther Ervin, LPC
50 Clay Street, Morgantown WV 26501
304-381-4831
<https://wmcounseling.net/>

Excerpt about Supervision from WM Counseling Informed Consent
Consultation and Supervision:

To provide you with the best possible service, we engage in ongoing supervision and consultation with mental health professionals within our practice. When discussing client information, confidentiality is highly respected and protected. Mental health professionals generally require some degree of supervision at various levels in their training. This is in place to ensure high quality standard within the profession. Provisionally Licensed Therapists. Counselors are indirectly supervised.

Confidentiality

Taken from the American School Counseling Association Ethical Standards for Counselors:

The professional school counselor:

- a. Informs the counselee of the purposes, goals, techniques, and rules of procedure under which she/he may receive counseling at or before the time when the counseling relationship is entered. Disclosure notice includes confidentiality issues such as the possible necessity for consulting with other professionals, privileged communication, and legal or authoritative restraints. The meaning and limits of confidentiality are clearly defined to counsees through a written and shared disclosure statement.
- b. Keeps information confidential unless disclosure is required to prevent clear and imminent danger to the counselee or others or when legal requirements demand that confidential information be revealed. Counselors will consult with other professionals when in doubt as to the validity of an exception.
- c. Discloses information to an identified third party who, by her or his relationship with the counselee, is at a high risk of contracting a disease that is commonly known to be communicable and fatal. Prior to disclosure, the counselor will ascertain that the counselee has not already informed the third party about his or her disease and he/she is not intending to inform the third party in the immediate future.
- d. Requests of the court that disclosure not be required when the release of confidential information without a counselee's permission may lead to potential harm to the counselee.
- e. Protects the confidentiality of counselee's records and releases personal data only according to prescribed laws and school policies. Student information maintained in computers is treated with the same care as traditional student records.
- f. Protects the confidentiality of information received in the counseling relationship as specified by federal and state laws, written policies, and applicable ethical standards. Such information is only to be revealed to others with the informed consent of the counselee, consistent with the counselor's ethical obligation. In a group setting, the counselor sets a high norm of confidentiality and stresses its importance, yet clearly states that confidentiality in group counseling cannot be guaranteed.

B.2. Parents and Confidentiality

The professional school counselor:

- a. Informs parents of the counselor's role with emphasis on the confidential nature of the counseling relationship between the counselor and counselee.

- b. Provides parents with accurate, comprehensive, and relevant information in an objective and caring manner, as is appropriate and consistent with ethical responsibilities to the counselee.
 - c. Makes reasonable efforts to honor the wishes of parents and guardians concerning information that he/she may share regarding the counselee.
- C. Responsibilities to Colleagues and Professional Associates

C.1. Professional Relationships

The professional school counselor:

- a. Establishes and maintains professional relationships with faculty, staff, and administration to facilitate the provision of optimal counseling services. The relationship is based on the counselor's definition and description of the parameter and levels of his or her professional roles.
- b. Treats colleagues with professional respect, courtesy, and fairness. The qualifications, views, and findings of colleagues are represented to accurately reflect the image of competent professionals.
- c. Is aware of and optimally utilizes related professions and organizations to whom the counselee may be referred.

C.2. Sharing Information with Other Professionals

The professional school counselor:

- a. Promotes awareness and adherence to appropriate guidelines regarding confidentiality; the distinction between public and private information; and staff consultation.
- b. Provides professional personnel with accurate, objective, concise, and meaningful data necessary to adequately evaluate, counsel, and assist the counselee.
- c. If a counselee is receiving services from another counselor or other mental health professional, the counselor, with client consent, will inform the other professional and develop clear agreements to avoid confusion and conflict for the counselee

Consent for Email and/or Text Message Communication

The school counselor does not communicate with parents via text messaging as a means to consult about their child/children. The school does have access to email throughout the day. The counselor can also be reached by phone at 304-594-2772 and by appointment.

After Hours Communication and Emergencies

The professional school counselor in grades PK-2 can be contacted after hours by email only. The professional school counselor does not need to respond to these emails, and responses are not an expectation, however, the school counselor tries their best to get in touch within 24-48 hours. If you have any emergency with your child/children after school hours, please call 911 and/or visit your nearest emergency room.

School Counseling Program Mission

The mission of the Cheat Lake Elementary School Counseling Department is to establish a safe, inviting, and positive school climate by providing a comprehensive counseling program which promotes academic, personal/social, and career development of all students through individual counseling, group counseling, and/or developmental classroom guidance in order to grow leaders one child at a time. The counselors at Cheat Lake Elementary School work with parents, teachers, and the community to advocate for and support all students in the school.

School Counseling Program Vision

The vision of the Cheat Lake Elementary School Counseling Department is that each student will be given the opportunity to learn and utilize leadership qualities to promote the importance of being a good role model and making good choices. Each student will also participate in lifelong learning in academic, personal/social, and career domains.